

The Secret to Thankful Living (Part 1)

Are You Really Thankful?

(Psalms 105:1a)

Introduction: Are you a thankful person? I think for the most part, most of us would like to think we are thankful people. We are quickly approaching that thanksgiving season, when we are reminded to be thankful for all we have. But, is thanksgiving only a season? I don't think so. What I want us to take away from today and over the next four weeks is, to learn the secret to thankful living, all year long! Here are four things really thankful people practice.

I. Thankful people see why they are thankful: (v 1a)

(This is what I mean) The way we see things, is what we believe about them...

A. To live thankfully, we must see why we should be thankful for our lives.

B. The psalmist declares, "Oh give thanks to the "Lord!"

1. **The word "Lord" here is YAHWEH or Jehovah, which is the personal name of God.**
2. **The Israelites saw God**
3. **When they wanted to name a place where they saw God's hand at work, they often formed the name by combining God's name with some suitable Hebrew word.**
4. **Ascribing to God the name, "Lord" or "master"...**

C. Thankful people see God as the Lord of and over their lives, and they are thankful for it!

II. Thankful people say they are thankful: (v. 1b)

A. The psalmist says, when you're thankful say it – praise Him by name! *In other words* –

1. Call it what it is –

2. Tell others what it is –

III. Thankful people show they are thankful: (vv. 1b-2)

A. Gratitude never expressed, expresses ingratitude.

B. Gratitude is a choice –

IV. Thankful people share with others their thanksgiving: (v.5

ff) Do you know why it is so important for the people of God to live thankfully? (Back up to verse 3 – 5 for the answer)

A. Really thankful people are telling people –

B. Really thankful people are telling others about the Lord –

Conclusion: Are you really thankful to the Lord for what He has done for you? This is the way, really thankful people, give thanks to the Lord!