

Fruit-Filled Living (Pt.2)
“Why Every Christian Should be Fruity!”
(Galatians 5:22-23)

Introduction: *Spiritual fruit results from life created on the inside by the Holy Spirit. Then spiritual fruit is developed in us through a series of processes. The first of which is...*

I. The germination process: (v.22)

This is how spiritual fruit begins to sprout and grow in us... first...

A. Germination requires spiritual pomology –

1. **Paul is our spiritual fruit “pomologist”** as he explains to us how the Holy Spirit grows fruit in us.
 - a. We received the Holy Spirit by faith (Gal. 3:2) (through saving faith...) understand
 - b. Which began our spiritual life (3:3)
 - c. Whereby we became the Sons of God (4:6) *so now*
 - d. We walk in the spirit (5:16)
 - e. We are led by the spirit (5:18) and...
 - f. We have the fruit of the spirit growing in us (5:22,23)

Spiritual fruit is the result of life created inside of the believer by the Holy Spirit alone!

2. The product of spiritual fruit is singular –

- a. It is always produced completely in every believer no matter how faint the evidence might be of its existence.
- b. Paul tells us, when we walk in the Spirit, all of these things described in Galatians 5:19-23 will be present in our life (in other words – they are always there).

The Holy Spirit brings this fruit into the heart and life of every believer – but we must be ready to receive it. (Hosea 14:8)

B. Germination requires spiritual process – *Germination* is the process of growth, but there is to be a progressive growth as well.

1. While the Holy Spirit never fails to produce fruit in the believer’s life, the Lord is pleased with much fruit. (Jn.15:8)
2. But Paul points out another kind of fruit – the kind that can spoil spiritual fruit... (v.19-21) (Our old fleshly appetites are at war with our new Spiritual nature that is planted in us by the Holy Spirit. v.17)
3. Regardless of who you are, the moment you received Christ and became a Christian, the Holy Spirit began a divine work to produce the character of Jesus Christ in you.
4. And he is working from the inside- out using Jesus as His model. (2 Cor. 5:17)
5. Your new saved nature will produce spiritual fruit as an outward indicator of real salvation.
6. This is exactly what Jesus said -(Mt.7:16-20)

When we acknowledge and let the Holy Spirit grow His fruit in us, He will produce a beautiful image of Christ growing with in us.

And the harvest of that growth will become all the expressed aspects of the fruit of the spirit. But it takes understanding the process of germination so we can move on to...

II. The cultivation process:

A. Cultivation requires the right environment – Cultivation is the process of improving the land for crop growth.

1. *Notice that these are called the fruit of the spirit and not the fruit of the Christian!* (The Spirit must produce them- but we must cooperate with the Spirit to produce them in us.)
 - a. Spiritual fruit grows best when it is positioned in the Son light – (so daily fellowship with Jesus is essential for the growth of spiritual food.) (Jn 15:4-5)
 - b. Spiritual fruit grows best based on our fellowship with the Son. (Because it is the character of the Son, the Holy Spirit is producing through...)
 - c. The fellowship of His word – (Jn.15:7)
 - d. The fellowship of His way – (Jn.15:8b)
 - e. The fellowship of His will – (Jn.15:10)

The result of our fellowship with the Son is “that we might bear fruit.”

2. Spiritual fruit does not grow when we try to force it –We must Cooperate with the Holy Spirit and let it grow. It is only as we allow the Holy Spirit’s power in our lives that He is released to produce fruit in the believer.

B. Cultivation requires the right elements – *Likewise there are elements that are required for our spiritual fruit growth also.* (2 Pet 1:5-8)

1. **The soil** – (our hearts) must be rich & full of these nutrients and free of weeds. (But how? Paul told us...)
 - a. We must crucify the flesh – (Gal.2:20) and Paul reminds us in (5:24) this is a continual process.
 - b. It is up to us to constantly say no to sin and remind ourselves who we are in Christ; pursuing His will, His life, His glory...in His strength (Eph.6:10)
 - c. And the very best cultivating tool we can use is God’s Word for that – (Ps 1:1-3)
 - d. If we will trust God and crucify the desires of our flesh by staying in His word and living in His power – we’ll be like stately trees that are fruitful through all time and eternity! (Even in difficulty.) which will lead us to...

III. The generation process:

A. The generation of Spiritual fruit does not come naturally – they are all unmistakable products of God's Holy Spirit in us.

B. The generation of Spiritual fruit must come super naturally – *The Holy spirit never fails to produce fruit in the believer’s life.*

1. *When we surrender to the Holy spirits control, with Jesus as His model...*
2. *He immediately begins helping us experience & practice... (Gal. 5:22-23) like Jesus.*

Conclusion: Our Good, Good God, wants us to have and live a fruit-filled life. Won’t you commit to let Him produce that in you today?